

# Surgical, Medical or Tele-Abortion?

Surgical	Medical	Tele-Abortion
<ul> <li>Timing</li> <li>Performed between 6-20 weeks of pregnancy.</li> <li>Requires a more complex, longer procedure after 14 weeks of pregnancy.</li> </ul>	<ul><li>Timing</li><li>Ideally performed between 5-7 weeks of pregnancy.</li><li>Can be performed up to 9 weeks of pregnancy.</li></ul>	<ul><li>Timing</li><li>Ideally performed between 5-7 weeks of pregnancy.</li><li>Can be performed up to 9 weeks of pregnancy.</li></ul>
<ul> <li>Process</li> <li>Procedure performed in our operating room.</li> <li>Performed under intravenous sedation (twilight).</li> <li>Pregnancy tissue is gently suctioned from the uterus using a small, plastic tube.</li> <li>Procedure generally takes 10-15 minutes, but you will be in our clinic for a total of approximately 3 hours (including recovery time).</li> <li>You will need to take a dose of antibiotics at home (Clinic 66 will provide the prescription).</li> <li>May only require one clinic visit.</li> </ul>	<ul> <li>Process</li> <li>You visit the clinic and meet with a consultant who will do blood tests and ultrasound.</li> <li>First medication (Mifepristone) taken at the clinic and second medication (Misoprostol) taken at home 24-48 hours later which will induce a miscarriage.</li> <li>Leads to bleeding and cramping (ranging from mild to severe) which can last up to 3 weeks.</li> <li>Follow up visit is required 3 weeks later with repeat ultrasound assessment to ensure the termination is complete.</li> </ul>	<ul> <li>Process</li> <li>You meet with a consultant online who will give you an ultrasound request form, which you will have done locally.</li> <li>You meet with the consultant again to review tests and she will provide you with prescriptions for the medication, which you will source locally.</li> <li>You will conduct the medical abortion at home (per 'Medical' option).</li> <li>one week later you will have a follow up phone call to check your progress.</li> <li>4 weeks after the procedure, you should do a home pregnancy test to ensure it is negative.</li> </ul>
<ul> <li>Support and Recovery</li> <li>It is ideal to have a support person to accompany you to the clinic and take you home after the procedure.</li> <li>You are unable to drive 24 hours after sedation.</li> <li>Afterwards, you will remain in our recovery room with ongoing nursing care until you have fully recovered and are able to go home.</li> </ul>	<ul> <li>Support and Recovery</li> <li>It is highly recommended that you have someone to support you at home for at least the first 24 hours after taking the second set of medications.</li> <li>Clinic 66 doctors can provide you with medications to assist with pain and cramping.</li> </ul>	<ul> <li>Support and Recovery</li> <li>It is highly recommended that you have someone to support you at home for at least the first 24 hours after taking the second set of medications.</li> <li>The 24x7 MSHealth Help line is available for any concerns at 1300 888 022.</li> </ul>
Suraical	Medical	Tele-Abortion

#### Side Effects

- May feel tired/vague for the rest of the day due to the sedation used.
- May experience bleeding and mild cramping, lasting less than 2 weeks (similar to a period).

#### **Side Effects**

- Bleeding and cramping (as described above).
- Possible nausea and vomiting.
- Possible fever and chills.

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- Possible nausea and vomiting.
- Possible fever and chills.

## Cost

For patients with a Medicare\* card:

- Out of Pocket Cost = \$470
- \* if you do not have a Medicare card please contact Clinic 66 for further information about cost

#### Cost

For patients with a Medicare\* card:

- Upfront cost=\$450
- Medicare Rebate=\$145.55
- Out of Pocket Cost = \$304.45

#### Cost

There is currently no Medicare rebate available for a Tele-Abortion consultation. The initial consult is a private fee of \$90. The second consultation is a private fee of \$250, however all aftercare and ongoing support is included in these prices. After the second consultation, you get the prescription. You pay fees for the medication directly to the local pharmacist.

Medication = \$40 (approx) with Medicare or \$300 without (\$12 with Healthcare card).
Ultrasound costs vary. If you have a Medicare card,

Vitrasound costs vary. If you have a Medicare card, you may be able to negotiate bulk billing. Pathology tests (blood, urine) can usually be bulk billed if they are required.

# **Complications**

- Complications are rare but may include bleeding, infection and need for further surgery.
- Our nurses and doctors can provide you with more information about risks and complications.

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- Complications are rare but there is a chance that the medical procedure will be unsuccessful (2 -5%) requiring a surgical procedure.
- Our nurses and doctors can provide you with more information about risks and complications.

## **Complications**

- Complications are rare but there is a chance that the medical procedure will be unsuccessful (2-5%) requiring a surgical procedure.
- You must live within 2hrs of a 24hr hospital emergency department to be eligible for Tele-Abortion.

For further information or to make a booking, please contact Clinic 66 www.clinic66.com.au | (02) 9411 3411 | email: info@clinic66.com.au

<sup>\*</sup> if you do not have a Medicare card, please contact Clinic 66 for further information about cost